



GENERAL BYNG SCHOOL
1250 Beaumont Street
Winnipeg, MB R3T 0L8
Phone: 452-3040 Fax: 284-9287
General Byng Web Page—
<http://www.pembinatrails.ca/byng>

September
2010
Newsletter

Dear Families,

The 2010-2011 school year has begun and it has been an exciting and productive start. Welcome back to our returning students and families and a special welcome to all new members of the General Byng School community.

We are affectionately calling 2010-2011 *The Year of Champions* and are asking students and staff alike to consider what it would take for them to be a champion this year, to set goals for the year, and then work towards these goals so that 2010-2011 is a championship year. The foundation for being a champion is respect, and we expect students to honour their respect agreement:

At General Byng School, we will 1) use our manners 2) speak kindly 3) include everyone.

We recently held our Meet the Teacher BBQ. Thank you to all families who were able to attend and a HUGE thank you to the Parent Advisory Council for organizing the event. We enjoyed meeting everyone and look forward to working with you all this year.

With the end of September comes Strong Beginnings, and once again all students in K-9 will be involved. We thank all families for their support of this wonderful gift of time. We would greatly appreciate any feedback you have on the process, timing, and structure of Strong Beginnings. Please email your comments to djuby@pembinatrails.ca.

As a new school year begins and students reconnect with friends and make new acquaintances, you may find your child using the internet more often as a means to communicate with others. We ask parents to be diligent in monitoring their child's on-line activity. Although the internet can be a wonderful tool, it can also be used in unkind and disrespectful ways. We will be dialoguing with students about cyber-safety. For more information please go to www.cybertip.ca.

Our back lane and field space are other areas where we can all assist in keeping children safe while they are attending school. We remind all drivers to use the back lane one-way (Daniel to Beaumont) during child drop off and pick up times and to escort your child to and from the playground. Also, we would appreciate families not bringing pets onto the school grounds.

Our first parent teacher interviews will be held on Oct.16(evening) and Oct. 17 (morning). These conferences will be scheduled on-line. Please check our website for more information. We look forward to speaking with you about your child as a learner and to working with you to best support the hopes and dreams of your child.

Let the championship season begin!

Sincerely,

Mr. D. Juby
Principal

Mrs. G. Walker
Vice-Principal

DAILY ROUTINE – EARLY YEARS

<u>GRADES K- 4</u>	8:35	ENTRY	12:30	ENTRY
	8:45	ATTENDANCE	12:35	ATTENDANCE
	10:05-10:20	RECESS	1:55 – 2:10	RECESS
	11:30 -	<u>LUNCH</u>	3:20	<u>DISMISSAL</u>

DAILY ROUTINE - MIDDLE YEARS

<u>GRADES 5-9</u>	8:30	Student Entry		
	8:45	Students must be in class for attendance.		
	8:50 – 9:40	Period 1	12:30	Student Entry (attendance at start of Period 4)
	9:40 – 10:30	Period 2	12:35 – 1:25	Period 4
	10:30 – 10:40	Break	1:25 – 2:15	Period 5
	10:40 – 11:30	Period 3	2:15 – 2:25	Break
	11:35	<u>Lunch</u>	2:25 - 3:20	Period 6
		3:20	<u>Dismissal</u>	

ENTRANCE PROCEDURES

K- 4 students enter the school through the parking lot door. (Parents please note that from 8:20-8:50 am and from 3:20-3:50 the back lane is ONE WAY (east-west), entering from Daniel St. and exiting out, onto Beaumont St.)

Grades 5 – 9 students enter through the front doors.

Please note that all doors, except the front door, are locked throughout the day.

STUDENT ABSENCES

Parent(s)/guardian(s) are asked to phone the school before **8:30 A.M.** to report a student who will be absent for the morning or the full day and before **12:30 P.M.** to report an afternoon absence. Please notify the school office if a child is attending an appointment. Messages can be left regarding attendance 24 hours a day. Please include the reason for the absence and the time your child will be picked up in the message or note.

All students will be called from their class by the office staff for appointments. All Grade 5-9 students are responsible to sign themselves out. They are expected to report to the office to sign in upon their return. Parent (s)/guardian(s) of K-4 students who are picking up their child for an appointment must report to the school office and sign their child out of the building.

STUDENT LATES

It is important for students to be in on time. A late arrival disrupts classes and students miss important information. Students arriving after 8:50 am in the morning and 12:40 pm in the afternoon must report to the office for a late slip to gain entrance to the class. Please check the daily routine schedule to ensure your child comes to school on time .

CALL BACK SYSTEM

Parent(s)/guardian(s) will be contacted if their child is unaccounted for (child is absence without reason/ notification).

VISITORS TO THE SCHOOL

All parents/guardians/visitors need to report to the school office. Students will be called to the office if they are being picked up and parents/guardians must sign them out. If you are volunteering in the school, you will need to sign in at the office and obtain an identification pass.

(Continued on page 3)

(Continued from page 2)

MESSAGES

Messages of an urgent or emergency nature will be delivered to students, however, **classes will not be interrupted for social arrangements or reminders.**

LUNCH (GRADES 1 – 9)

Grade 1 to Grade 9 students need to be registered in the lunch program or supervised by a staff member in order to stay at school during the lunch break.

The General Byng Lunch Program accepts Gr.1-6 children on a regular, part-time or occasional basis.

A lunch program is available for all Grades 7 – 9 students.

A complete information and registration package regarding the Gr.1-9 Lunch Program is available from the school office.

PICTURE DAY

Picture day is **Tuesday, September 21, 2010**. Make sure to bring your best smiles.



IMPROV

General Byng is forming a middle years Improv team. We will be participating in the "S.O.S. (Students On Stage) Improv" league. Sponsored by the Government of Manitoba's After-School Arts Education Program, S.O.S. Improv is a non-competitive, educational league (created and run by Arts educators) dedicated to offering students across Manitoba, the opportunity to play educational improvisational arts at the secondary level. Why Improv you may ask? What is its educational value?



In addition to learning multi-performance skills, participation in Improv teaches students many invaluable, transferable life skills critical to success in any career. These include public speaking, effective communication (oral and non-verbal), teamwork and cooperation, listening, risk-taking, concentration, leadership, problem-solving, critical thinking, and the ability to think and act spontaneously and interdependently within a group.

The students will have the opportunity to attend workshops divisionally and at the annual S.O.S. Improv Camp. Moreover, students will have the opportunity to develop their individual/team Improv skills in every available, educational level, ranging from beginner through to intermediate and advanced.

Please see Ms. Shields and/or Mrs. Walker for more information.

MUSIC

Greetings! Welcome back!



We are looking forward to a great year of music performing, creating and listening in the Elementary music program.

We will be having the first PERFORMANCE DAY of the year on October 14. These classes are set aside so that students in Grade 1 to 6 get an opportunity to sing, dance, or play an instrument in front of their own classmates. Some do it solo, some in pairs or trios. It's usually quite a variety of artistic talents on display. If your son/daughter takes music, singing or dance lessons outside of school, please encourage them to sign up for Performance Day. Students **MUST** prepare and rehearse their "act" at home before performing it at school. Parent/Guardian(s) are invited to come and listen and observe.

Our Keyboard Band will be starting this month... that's always very exciting!

Please feel free to drop by at any time for a 'chat', or to come and visit your child's music class. You are most welcome. Have a good month!

DID YOU KNOW?

One of the most fundamental and generally accepted purposes of education has always been to transmit the cultural heritage of a group to succeeding generations. And music is one of the most powerful, the most compelling, and the most glorious manifestations of every cultural heritage. Because of the central position that music occupies among the core behaviours of human beings, any student who is allowed to leave school without studying music has been cheated just as surely as if he or she had been allowed to leave school without studying mathematics or science.

Paul R. Lehman "Why Study Music in School?"

Mr. D. Carroll
Elementary Music

PERFORMING ARTS

This year, Grade nine students have been offered a new elective course in the Performing Arts. The course is taught by Ms. Shields. The students will be exploring the many facets of performance including Improv, scene and play writing, tableau, mime and the elements of effective speech. We will also be presenting a play in the spring. Stay tuned for more information!



"Everyone can act. Everyone can improvise. Anyone who wishes to can play in the theater... If the environment permits it, anyone can learn whatever he chooses to learn, and if the individual permits it, the environment will teach him everything it has to teach... 'Talent' or 'lack of talent' have very little to do with it." – *Viola Spolin*

A Page from the Library

We're back, but what a summer.....beautiful weather and great books to read.!

Students at General Byng School borrow books according to a six day cycle....which means they have 8 days including a weekend to read a book. Books may be renewed if need be. If a student has forgotten to return library materials we will be sending a reminder through their classroom teacher (elementary) or ELA teacher (junior high). Students with overdue materials have their lending privileges temporarily suspended until such materials are returned or paid for if lost. Junior high students are not allowed in to the school dances if they have overdue books.

Elementary classes have been assigned a library period. It is very important to remember to bring back books on or before that day so that students may take out more books. They may borrow two books at a time. The schedule is as follows:

- K – Day 6 a.m.
- 1/2 Palka Day 3 p.m.
- 1/2 Peterson Day 1 a.m.
- 3/4 Lessak Day 2 a.m.
- 3/4 Ardern Day 3 p.m.
- 5/6 Collins Day 4 p.m.
- 5/6 McGregor Day 4 a.m.



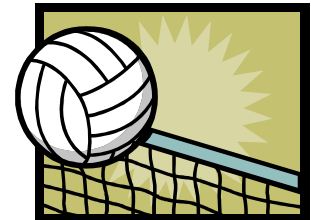
Author! Author! The K-Gr. 4's are fortunate to be hosting author Ignatius Mabasa, an acclaimed writer and storyteller from Zimbabwe as part of the Thin Air program this year. We'll be adding his books to our collection as well as many others as we head into this school year.....

Got a book? Check it out....

Ms. J. Davies – Teacher Librarian
Ms. M. Rondeau – Library Technician

From the Gym

Welcome back everybody!! We would like to remind all students in grades 3-9 that you must come prepared to gym class. That includes a t-shirt, sweats or shorts, and a pair of indoor shoes.



Grade 7-9

Tryouts for all the volleyball teams start the week of September 13, 2010. Please look for the gym schedule that will be posted on the wiki for your child's practice times.

Cross country is also starting the week of September 13, 2010. The meet dates are September 20, September 30 and October 4. All races will take place at LaBarrier Park. All cross country practices will be held Monday, Wednesday and Friday mornings at 7:45 am.

Grade 4-6

Cross country is also starting the week of September 13, 2010. The meet dates are September 21, September 28 and October 5. All races will take place at Crescent Drive Park. A letter will be sent home soon with practice times.

SPANISH

Hola! My name is Ms. Sadler and I am the new Grade 9 Spanish and Social Studies teacher. I recently moved back to Winnipeg from the Dominican Republic where I was teaching at a school on the north coast. I am really excited to be a part of the General Byng community, and I look forward to meeting you!

FOOD FOR THOUGHT

News from the Foods Lab

Ms. B McCann



On the second day of classes the aromas from the foods lab drifted down the sparkling clean hallways. The grade eight classes started off the year preparing Deluxe French toast with homemade applesauce. The grade seven students were quick to learn their way around their kitchens and made cheese dreams, and fruit salad. Soon the grade nine cooks started to create culinary treats like; fresh fruit salsa with cinnamon chips, omelets and pumpkin soup. At General Byng, nutrition is a key part of your child's education. Research tells us that adequate nutrition in children has been shown to improve learning skills. Choosing, preparing and eating healthy wholesome food are the learning outcomes for Foods and Nutrition Industrial Arts option at our school.

Children learn about all the school subjects in the cooking lab. They practice math skills when measuring or converting units. They learn a lot about science through chemical changes in baking. Social studies is explored when they discover recipes from various cultures. Literacy is practiced through reading and following directions. Presenting food is an art form and social and emotional development is explored when preparing or sharing a meal. Even physical development is practiced through the use of fine motor skills when chopping or peeling is required. The Foods and Nutrition option at General Byng is a hands-on practical course in which most students excel. Ask your son or daughter to cook something for you at home. You may be pleasantly surprised.

As fall approaches "celebrate with soup". Soup, a nutritious entrée that soothes and satisfies on the cool autumn nights. Soups are full of goodness and can help ward off that dreaded flu bug. Soups are great for supper and as leftovers work well for school lunches. Try this grade nine recipe for Simple Pumpkin soup.

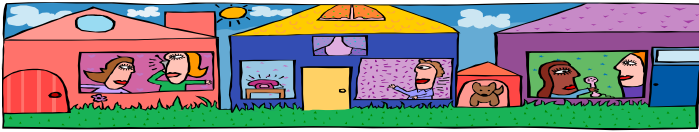
"Simple Pumpkin Soup"

- 1/2 cup onion
- 3 tbsp. butter
- 2 cups mashed cooked pumpkin
- 1 tsp. salt
- 1 tbsp. sugar
- 1/4 tsp. nutmeg
- 1/4 tsp. ground pepper
- 3 cups chicken broth
- 1/2 cup half and half cream

Chop the onions and gently brown with butter in a pan. Put mashed pumpkin with onions in pan. Add the salt, sugar, nutmeg and pepper. Slowly add chicken broth and heat thoroughly, but do not boil. Add the cream just before you serve the soup. Pumpkin soup goes great with a multigrain bread and green salad. For fun, serve in a carved pumpkin.

IMPORTANT DATES

September	21	Picture Day	
	24	Strong Beginnings (K-9)	No Classes
	27	Strong Beginnings (K-9)	No Classes
October	11	Thanksgiving	No Classes
	14	Tri-Conferences K-9 (evenings) register online	
	15	Tri-Conferences K-9 (morning)	No Classes
		School In-Services K-9 (afternoon)	No Classes
22	Provincial In-Service (SAG)	No Classes	
November	10	Remembrance Day Assembly	
	11	Remembrance Day	No Classes
December	9	Tri-Conferences K-9 (evening) register online	
	10	Tri-Conferences K-9 (morning)	No Classes
		School in-service (afternoon)	No Classes
	21	K-6 Concert	
22	Last Day of Classes		
January	6	First Day of Classes	
	21	School Administrative Day	No Classes
	28	School In-Service	No Classes
February	4	Reports sent home (1/2 way day)	
	9	Band Concert (Grade 7-9)	
	11	Winter Activity Days (eligible students only)	
	16	VMC Orientation (Gr 9) VMC Open House	
	18	School In-Service Day	No Classes
	21	Louis Riel Day	No Classes
	24	Grade 7 Open House	
March	25	Last Day of Classes before Spring Break	
April	4	Classes Resume	
	14	Tri-Conferences K-9 (evenings) - register online	
	15	Tri-Conferences K-9 (morning)	No Classes
		School In-Service (afternoon)	No Classes
	20	K-6 Spring Concert (Fun-raiser)	
	22	Good Friday	No Classes
25	PTSD In-Service	No Classes	
May	23	Victoria Day	No Classes
	25	Band Concert (Grade 7-9)	
June	10	School Administrative Day	No Classes
	29	Last Day of Classes	
	30	School In-Service Day	No Classes



Community News

Want to participate in a sport that is fun for all ages and fitness levels?

Try Curling!

This sport promotes teamwork, good sportsmanship, friendships, and is inexpensive (registration fees for a full season start at \$65, depending on which club you choose, and your age group)

Curling qualifies for the **Child Fitness Tax Credit** on your income tax.

Registration for all clubs is early - mid-September - call one of the Junior Curling co-ordinators below for registration dates and schedules or you can call the clubs directly and leave a message

- | | |
|--|--------------------------|
| Pembina Curling Club (Pembina & McGillivray) - | Rob Duncan - 261-6194 |
| Ft. Rouge Curling Club (750 Daly) ----- | Don MacDonell - 489-1171 |
| Wildewood Club (761 North Drive) ----- | David Capper - 255-1005 |
| Charleswood Curling Club (4000 Grant) ----- | Jim McRae - 895-3747 |



WINNIPEG MINOR BASKETBALL ASSOCIATION
WMBA
www.wmba.ca

WINNIPEG MINOR BASKETBALL ASSOCIATION

YOUTH BASKETBALL LEAGUE

call
925-5774

or visit
wmba.ca

for info

The WMBA is a community club based basketball league, open to boys & girls ages 6-18, and will run weekly games and practices from October to March. You can register at one of the over 40 participating Greater Winnipeg Community centres in September. Call 925-5774 or click www.wmba.ca for all the latest registration dates and time at your local club. Get involved today with Winnipeg's largest basketball league!






Fort Garry/ St. Norbert Healthy Child Coalition

Providing support to families with the goal of raising happy, healthy children.

Family Centres (drop in)

- **Bonnycastle School:** 1100 Chancellor Drive
- **Dalhousie School:** 262 Dalhousie Drive
- **North Fort Garry Centre:** 1229 Windermere Ave.
- **Parc La Salle School:** 190 Houde Drive, St. Norbert
- **Ryerson School:** 10 Ryerson Avenue

Theme Programs (some registration required)

- South Winnipeg Family Information Centre programs
- Wiggle Giggle & Munch
- Rock & Read
- Alphabet Soup & Alphabet Soup In Motion
- Tales for Tots (story time for 3-5 year olds)
- The Parenting Circle

FREE PROGRAMS

- * Opportunities for families with pre-school children.
- * Child centered approach, with activities for children (birth-age to 6) and caregivers/parents.

CORE ACTIVITIES OF PROGRAMS INCLUDE:

- * Parenting
- * Nutrition and Physical Health
- * Learning and Literacy
- * Community Capacity Building

Fort Garry/St. Norbert
Healthy Child Coalition



For more info, e-mail the Coordinator: coalition@swffc.org or call 299-1500. For a monthly calendar of programs, or to be added to our monthly contact list: visit our website www.ftgarrystnorberthcc.ca
Supported by Healthy Child Manitoba



Community News



CHEERLEADING TRYOUTS

ATTENTION: GRADE 6, 7, 8, & 9 GIRLS
Want to be an all-star? Find us on Facebook, "**Central Cheer Shooting Stars (Junior)**" or www.centralcheer.ca for all the tryout details. Or email shootingstarscoaches@hotmail.com

**Want to learn to ride Western and have lots of fun at the same time?
Then register for the Manitoba Horse Council (MHC) P'tit Trot Program!**



Manitoba
Horse Council

This program, aimed at kids aged 6-10, will start your child off on the Bronze level of the exciting P'tit Trot riding program. With the guidance of an experienced, certified coach and the program's colorful learning materials kids will have a great time learning how to ride Western.

Dates: 8 weeks – starting on October 7th, 2010 thru November 25th, 2010

Time: Thursdays from 4:30 – 6:30pm

Location: WW Stables, Winnipeg

How to Register: Call - 1.204.925.5718, Email - mhc.admin@sportmanitoba.ca

Web – www.manitobahorsecouncil.ca

Registration deadline: Friday September 24th, 2010

Cost: \$190.00 plus GST – includes a 96 page full color manual and MHC Junior membership

The **COMMUNITY SCHOOL OF MUSIC & THE ARTS** (Canadian Mennonite University) Offers Private Instruction in all instruments and voice to Children, Youth & Adults, Music for Kids (ages 2-6), Vocal Fusion (gr.1-6), Art and Acting classes for Kids (gr. 2-8), NEW! Musical Theatre (gr. 4-7). Bursaries available.
Visit the website: www.cmu.ca/csma or call: 837-4870.



Century Skating Club

Accepting Registrations for all programs including Can-Skate, pre-power, ESL Programming, Learn to figure skate, Recreation and competitive programs.

Registrations accepted at any time. In person registration Sept.12 from 12-2 at Lindenwoods CC.

All programs at Century Arena 1377 Clarence Ave.

For more info contact Sandra: 661-6587 or visit our website: www.centuryskatingclub.ca

Century Skating Club is a non-profit organization