



**GENERAL BYNG SCHOOL**  
1250 Beaumont Street  
Winnipeg, MB R3T 0L8  
Phone: 452-3040 Fax: 284-9287  
General Byng Web Page—  
<http://www.pembinatrails.ca/byng>

**November  
2009  
Newsletter**

Dear Families:

Happy Halloween to all!

Thank you to all of those who were able to participate in the October Tri-conferences. We enjoyed meeting with you and working with you to support your child(ren)'s learning. Our next set of tri-conferences is December 10<sup>th</sup> and 11<sup>th</sup> - registration will again be on-line.

Congratulations to the Grade 8 girls' cross-country team and coaches on winning the Provincial Championship! We also wish our volleyball players luck as they finish their seasons this month.

The 20<sup>th</sup> Goodwill Mission with Setagaya, Japan completed the first half of the exchange with great success. The sixteen grade eight and nine students represented our community very well and are currently working on their language skills in preparation for visiting Japan in March.

All students recently participated in the "Power of One" assemblies, which illustrated the power each one of us has to stop bullying. Students are currently signing pledge boards which will be displayed in the school as a reminder to all of us that together we can make our school community a safer, more enjoyable place.

As you are aware, every fall / winter season is also 'flu season'. This year has the added concern of the H1N1 virus. Please be aware that you can check for unusual attendance patterns either through our website or the divisional website: <http://www.pembinatrails.ca>. If your child is feeling ill or has flu-like symptoms, please keep them at home until the symptoms have disappeared and have them see your family doctor. If a child becomes ill at school, we will isolate them from the rest of the student body, contact the family, and monitor the student until the family picks them up.

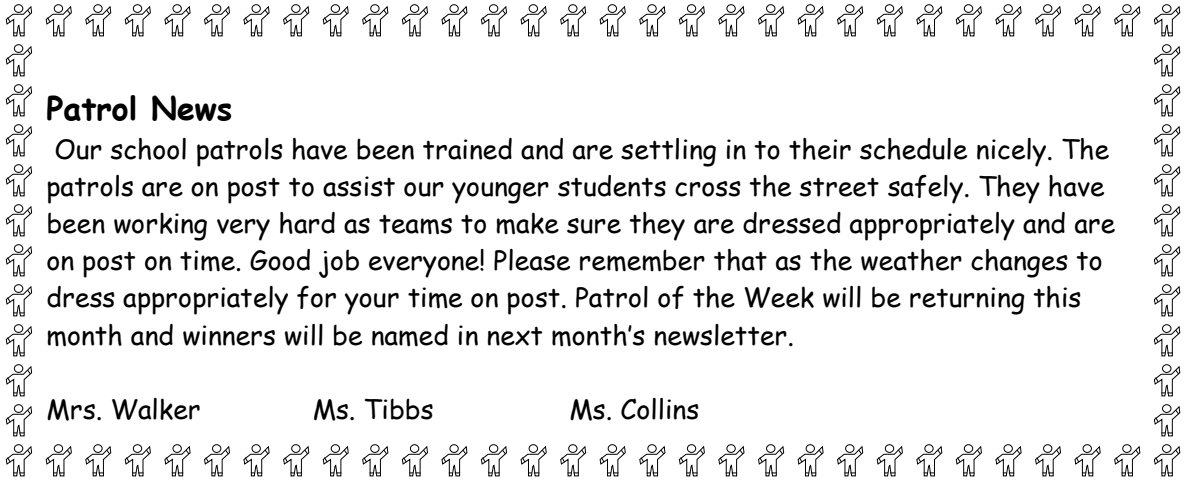
Everyone needs to have a pre-arranged plan for dealing with an ill family member:

- Who will pick up and stay with the child
- Daycare arrangements
- Pre-arranged plan with employer

Last year our school "ran to Setagaya" as we welcomed the Japan Exchange students. This year, our Early Years students will be taking a "Journey to the Olympics". We kicked off the journey yesterday with a short run and a presentation focussing on this month's virtue: *perseverance*. Please support your child as they learn to choose their commitments wisely, set goals and stick with them until completed, pace themselves, and stand by their friends and loved ones.

Mr. Darren Juby  
Principal

Mrs. G. Walker  
Vice-Principal



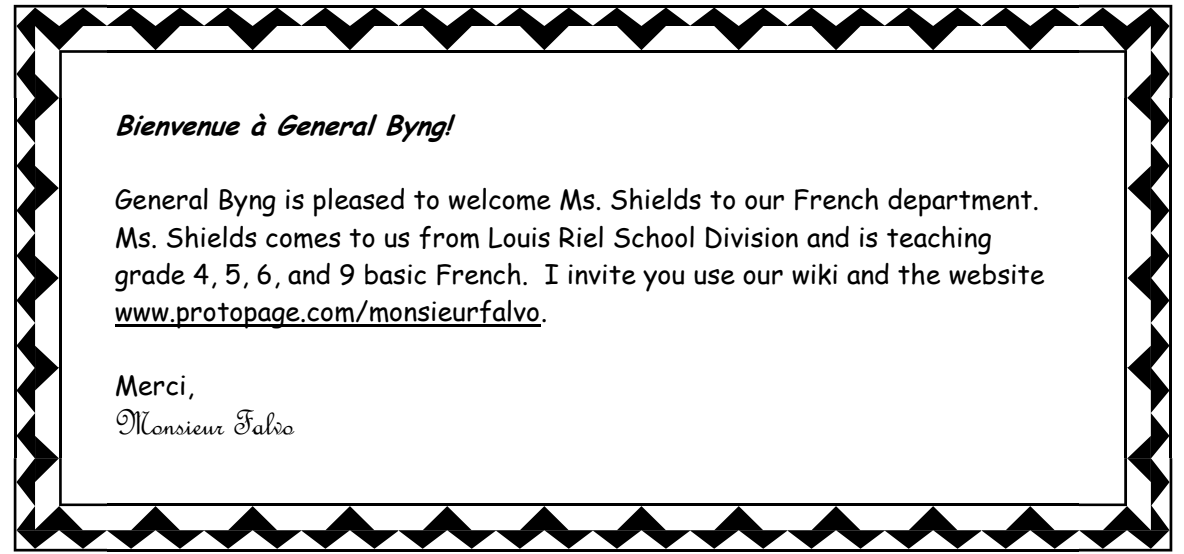
## Patrol News

Our school patrols have been trained and are settling in to their schedule nicely. The patrols are on post to assist our younger students cross the street safely. They have been working very hard as teams to make sure they are dressed appropriately and are on post on time. Good job everyone! Please remember that as the weather changes to dress appropriately for your time on post. Patrol of the Week will be returning this month and winners will be named in next month's newsletter.

Mrs. Walker

Ms. Tibbs

Ms. Collins



### *Bienvenue à General Byng!*

General Byng is pleased to welcome Ms. Shields to our French department. Ms. Shields comes to us from Louis Riel School Division and is teaching grade 4, 5, 6, and 9 basic French. I invite you use our wiki and the website [www.protopage.com/monsieurfalvo](http://www.protopage.com/monsieurfalvo).

Merci,  
*Monsieur Falvo*

## Enrichment News



The students of General Byng will be engaged in grade, small group and individual enrichment activities throughout the year. To date the activities that are planned are as follows:

The K-6 students will be involved in an Artist in the School Project during the week of January 18-22.

The Grade 7- 9 students will be taking part in a "Healthy Choices... Healthy Future" conference here at the school on November 20<sup>th</sup> that has been planned in partnership with the Addictions Foundations of Manitoba.

We have started a Chess Club for all interested students that will be held in the Library every Wednesday at lunch time.

Grade 7 and 8 students who wish to be challenged in

math will take part in the Canadian Math League contests in February. Practice sessions for this contest will also be part of this enrichment activity.

The grade 7 students are using the CanSpell spelling contest to enrich their vocabulary in class and plan to have a Spelling Bee at a later date.




Interested Grade 8 students will take part in the Canadian Scholastic Achievement League, a challenging enrichment activity that allows them to demonstrate a variety of problem solving skills and knowledge in many academic areas.

We have a small group of Grade 9 students who are planning to take part in an Astrophysics workshop at the University of Manitoba.

Stayed tuned for more enrichment news next month!  
Mrs. G. Walker



## **Double D's Cheesecake Fundraiser**

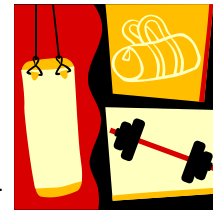
 To raise money for Camp Stephens, the grade six students are having a Double D's Cheesecake fundraiser for the month of November. Coming home on November 2nd will be a letter, order form, and a description of the cheesecakes. Please help send our grade six students to camp! Order forms and cheques made payable to General Byng School are due Monday,  November 16th and the cakes will be delivered to the school on Friday,  November 27th. Thank you for your support!

 Mrs. Tibbs, Ms. Collins, and the Grade Six Students



### **From the Gym:**

Volleyball season is now half way done! All teams are doing well and are great representatives of General Byng School. For a schedule of games and practices please refer to the physical education page on the website for a calendar. Good luck in the rest of your seasons!



Indoor track is starting to train. Our practices will be Mondays and Fridays at 7:45 a.m. All are welcome!

I would like to thank Mr. Decker for all his hard work and coaching over that last two months. Good luck in the future!

Please help welcome back Mrs. Pescitelli!

Any parent, guardian or community member interested in coaching basketball please contact the Phys Ed. Department at your earliest convenience.

Mrs. M. Wolfe



ACCEPT is a Committee of the P.T.S.D. School Board, made up of parents, trustees, teachers, principals and Student Services personnel. Its purpose is to support parents with children who have special needs by offering information sessions and networking opportunities. It also serves as an advisory groups for the Board of Trustees.

### *Transitions Forum:*

*Information and Choices for  
Teens with Special Needs and their Families.*

The transition from school to the community is one of the biggest concerns for teens and their parents.

The Pembina Trails School Division ACCEPT Committee and Metro Winnipeg Council for Exceptional Children (MWCEC), in partnership with Supporting Living, are co-hosting a Transitions Forum for interested educators and Parents of students with special needs at the Middle & Senior Years (Grades 5 - 12).

MWCEC has contracted a range of employment and day program agencies to display their programs and answer questions in a "Job Fair" type evening.

*Please plan to attend this very important information session on:*

*Wednesday, November 4, 2009 from 7:00 - 8:30 p.m.*

*Pembina Trails School Division, Administration Office*

*181 Henlow Bay in Meeting Rooms A & B.*



# Food for Thought



## News from the Foods lab

Ms. B McCann

The foods lab kitchen has been a deliciously busy place. Menu items last month have included five kinds of soup; Thick and delicious Bacon , Cheddar and Potato soup, Gramma's Chicken Noodle soup\*, Old fashioned Tomato and Hearty Vegetable. The grade nine cooks also made Creamy Pumpkin soup and fresh biscuits. A favourite was the Pan pizza. Besides cooking these scrumptious meals these students have been examining the Canada Food Guide and have made recommendations for healthy eating on posters for all of our school population. Check them out net time you are in the building. Soon many of these students will be attempting to match their Food Guide knowledge with their cooking skills when they do their "Cook@ Home" assignment. (Write-up is Due November 19<sup>th</sup>)

The younger students have been developing their own techniques such as correct measuring and sanitation procedures. They have made tacos, pasta and the famous Death By Chocolate brownies. All three grades enjoyed the delicious Halloween treats too!

As the cold weather sets upon us, enjoy the warmth and goodness of comfort foods like Turkey Pot pie, Chili Con Carnie, Shepherd's Pie or good old fashioned stew. To ward off the flu season make some home made chicken soup. The health benefits usually include vitamins: A, C ,K and B6. It will have antioxidants, a lot of fibre and if you are watching your weight, soup has the ability to fill you up. Chicken soup has anti-inflammatory properties that may reduce symptoms of upper-respiratory infections like colds or flu. By merely inhaling the steam while eating soup will raise the temperature of the airways and will help to relax secretions. Also by drinking liquids it will increase hydration, which in turn eases cold symptoms. So go ahead and put the soup pot on.!

\*Gramma's Chicken Noodle soup recipe can be found on the GB WIKI

## **Milk Program**



The Milk Program is going over very well with the students and we are planning to have a Milk Spirit week sometime in November, with prize draws. If you meant to send in the form to order milk delivery for your child, it is NOT too late. Just call Mrs. Zdriluk in the office (a.m. only) and we will provide you with a pro-rated amount for the remainder of the year.

The Parent Advisory Council will be collecting Campbell's soup labels for points again this year. Please drop off labels in the box in the elementary hallway.



Choose the Winner for 2010—**Manitoba Young Readers' Choice Awards Inc.** ([www.myryca.ca](http://www.myryca.ca)). We have recently added to our library collection several of the 2010 nominated MRYCA books which are listed below. Read at least three titles then vote for your favourite right here in your very own General Byng Library.

- *After* (Hazel Hutchins Smith)
- *The Ancient Ocean Blues* (Jack Mitchell)
- *Breathing Soccer* (Debbie Spring)
- *Child of Dandelions* (Shenaaz Nanji)
- *Greener Grass* (Caroline Pignat)
- *Libertad* (Alma Fullerton)
- *Res Judicata* (Vicki Grant)
- *The Séance* (Iain Lawrence)
- *Tweaked* (Katherin Holubitsky)
- *War Brother* (Sharon E. McKay)
- *Withershins* (Susan Rocan)

**Other new additions:**

The National Geographic Explorer Collection, available for various levels and covering topics such natural sciences, world geography and history.

*The Tales of Beedle the Bard* (J.K. Rowling), a collection of five richly diverse fairy tales.

*Villainology* (Arthur Slade) Fabulous lives of the Big, the Bad and the Wicked.

In our easy reading section please look for *Circle Dogs* (Kevin Henkes) and *Little Rabbit's New Baby* (Harry Horse).

**Library Reminders:**

Please be sure to sign out your books with Miss. Rondeau as you leave the library. Please do not bring backpacks into the library.

**Library Trivia Contest:**

House points will be awarded to the first student from each class to come and tell Miss. Rondeau or Miss. Brennan the correct answer to the following question:

In the books, *A Series of Unfortunate Events*, the Baudelaire family is allergic to what item?



## Elementary Music



Greetings!

Our **Christmas Season Concert** will be held this year on **Thursday, Dec. 17, 7:00pm** in the gym. Please note that this concert is part of the regular school music curriculum, and all students are required to attend.

Grade 5-6's are getting some great sounds on their recorders. Hope you're hearing it a bit at home! We are planning to start a Recorder Group at lunchtime to practice some Christmas tunes.

Grade 5-6 Choir is getting ready to our first Performance of the year on the Remembrance Day.

*Did you know?*

Possibly the most famous notes of all time are the first four notes of Beethoven's Fifth Symphony- three short beats followed by one long beat. Some people think they represent the knocking of Fate at one's door.

It is said that *The Nutcracker Suite* (six selections from *The Nutcracker* ballet by Tchaikovsky) has gotten more people interested in classical music than any music in history. It is one of the most recorded works ever. (*Lives of the Musicians* by Kathleen Krull and Kathryn Hewitt.)



Ms. O. Panchyshyn  
Elementary Music

From the Band Room:

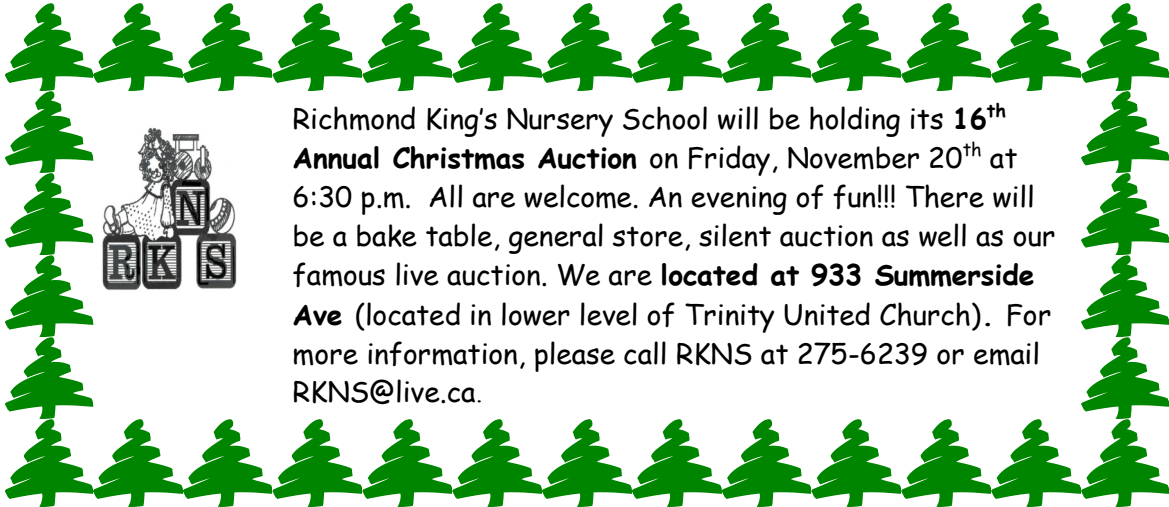
General Byng band shirts will be on sale in early December for \$16.00 each. These are the shirts that all band students wear for band performances. Order forms will be sent home in late November. Our first concert for three concert bands and two jazz bands will take place on Tuesday, February 9th at 7:00 p.m.

All students renting school-owned instruments should have returned their rental forms and payments to Mrs. Canto. Please ask Mrs. Canto for another copy of the form if you have lost your original.

A black and white illustration of a drummer in a uniform, captured in a dynamic pose as if playing a large drum.



## Community News



Richmond King's Nursery School will be holding its 16<sup>th</sup> **Annual Christmas Auction** on Friday, November 20<sup>th</sup> at 6:30 p.m. All are welcome. An evening of fun!!! There will be a bake table, general store, silent auction as well as our famous live auction. We are located at **933 Summerside Ave** (located in lower level of Trinity United Church). For more information, please call RKNS at 275-6239 or email [RKNS@live.ca](mailto:RKNS@live.ca).

### Victoria Community Centre 80 Derek St.

#### Upcoming Events:

Please be advised that we will be holding a **Special General Meeting** regarding the amalgamation of Victoria Community Centre and Fort Garry Community Centre as of January 1, 2010. The meeting will be held at 80 Derek Street starting at 7:00pm on Tuesday, November 10, 2009. All area residents are encouraged to attend.

Our second annual **Christmas Craft & Bake Sale** on November 14, 2009. The event will run from 2:00 to 6:00. In addition to the crafts and holiday baking, there will also be a silent auction draw made up from donations from the crafters. Please call Susan at 230-3823 for information, to book your table, or to donate baking.

Our **Visit with Santa** party will be on Sunday December 6, 2009 this year. It will run from 2:00 until 4:30. Children attending will be able to make a Christmas craft, have a hot meal and receive a gift from Santa. If you are interested in reserving a spot, please call Jodie @ 475-5670. Tickets are \$5.00.

Watch for your VCC newsletter in your mailbox during the last week in November. You can also view our newsletter online. Look for us at [www.victoriacommunitycentre.org](http://www.victoriacommunitycentre.org)



Does your daughter love gymnastics and dance? Can't decide between the two? Then welcome to the exciting world of rhythmic gymnastics!



The *Rhythmic Royals Gymnastics Club* offers comprehensive and quality **recreational** programs for young children and first-class **competitive** programs for girls of all ages and abilities. As Winnipeg's premiere club, we are proud to offer the best coaching in the province of Manitoba right in your neighbourhood. Winner of the Heather Willoughby Trophy for best club in the province for five consecutive years.

So take a look around our website: [www.rhythmicroyals.com](http://www.rhythmicroyals.com).

**The Little Years School** is still accepting applications for the 2009-2010 school year (we currently have spaces available in the 3-year old a.m. and p.m. programs). We are located at 20 Donnelly Street, close to Pembina, McGillivray, and Waverley. We are an early education program for children ages 3 and 4 that runs from September to June. Our 4-year old program is offered 3 days/week on Monday, Wednesday, and Friday for a monthly fee of \$112. Our 3-year old program is offered 2 days/week on Tuesday and Thursday for a monthly fee of \$75. Subsidies are available. For more information please contact Olga at 489-0303 or visit [www.littleyearsschool.com](http://www.littleyearsschool.com)

**The Fort Garry Library** cordially invites **ADULTS ONLY** to a presentation by Kari England and Sue Fonseca from Toad Hall Toys of a unique selection of toys and books in time for the gift-giving season. Discover budget, award-winning items from Canada and around the world, perfect for the kids in your life, ages 0-13.



This presentation will take place on Tuesday, November 10th at 6:30 p.m. You can register for it by calling the library at 986-4918.

## PEMBINA TRAILS SCHOOL DIVISION

*Is now accepting applications for  
regular part time **school bus drivers**.*

### YOU BRING:

school bus experience  
an excellent driving record  
*(abstract with resume)*  
*- a great attitude about kids*

### WE PROVIDE:

- a comprehensive wage and  
benefit package based on a  
starting hourly rate of 18.32  
in year one to \$19.64 in year  
two in a Union environment

Ask about our package which includes uniforms, pension benefits, choice  
of run, overtime pay on field trips, paid training, vacation pay etc.

(Successful applicants will be required to pass a Child Abuse Registry  
check and a Criminal Records check).

Drop off your resume to **165 Henlow Bay** or call **489-2597**

### Public Budget Consultation Meeting

In previous years, the Public Budget Consultation Meeting has been held in February. This  
year, the public meeting will be held on **Monday, November 16, 2009 @ 7:00 p.m. at  
the Administration Office.** Watch for invitations coming home next week.



# General Byng School November 2009

1250 Beaumont St.  
Winnipeg, MB R3T 0L8

Phone: 204-452-3040  
Fax: 204 284-9287  
<http://www.generalbyng.pbwiki.com>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Day 3 K/1 Hearing Screening</i>	3 <i>Day 4</i>	4 <i>Day 5</i>	5 <i>Day 6</i>	6 <i>Day 1</i>	7
8	9 <i>Day 2</i>	10 <i>Day 3 Remembrance Day Assembly 9:00 a.m.</i>	11  <i>No school</i>	12 <i>Day 4</i>	13 <i>Day 5</i>	14
15	16 <i>Day 6</i>	17 <i>Day 1</i>	18 <i>Day 2</i>	19 <i>Day 3</i>	20 <i>Day 4</i>	21
22	23 <i>Day 5 United Way Assembly 9:00 a.m.</i>	24 <i>Day 6</i>	25 <i>Day 1</i>	26 <i>Day 2</i>	27 <i>Day 3</i>	28
29	30 <i>Day 4</i>					