



GENERAL BYNG SCHOOL
1250 Beaumont Street
Winnipeg, MB R3T 0L8
Phone: 452-3040 Fax: 284-9287
General Byng Web Page—
<http://www.pembinatrails.ca/byng>

April
2011
Newsletter

Dear General Byng Families,

Spring has finally sprung and everyone now has a chance get out and enjoy the sunshine.

We would like to recognize the efforts of those who participated in the production of "The Bachelor King". The sixty-five students and staff who worked diligently over these past seven months to produce this wonderful play are to be commended. Fantastic work and well done everyone!

Our artist in residence through the Artists in the School program was Stan Lesk, a well known Winnipeg based character actor. Stan worked with the grade 7-9 students on the skills of improve, character development, as well as supporting the cast and staff of "The Bachelor King" production. Also connected to the arts is the creation of a new mural to be positioned on the southeast corner of the building. Annie Bergen, a local mural painter/designer is working with students from various grades and Ms Bates on this wonderful project.

Tri-Conferences are on April 14th and 15th. Registration will be done on-line. We will be sending out an email notice and posting the link and directions on the website so you can schedule your appointments. If you have any questions, please call Mrs. Sullivan at 452-3040.

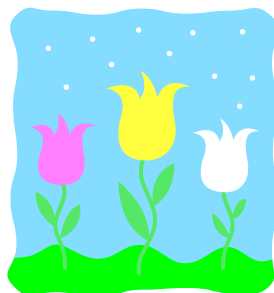
Following Spring Break, we will continue with our registration and transitioning process:, registering all students, and working with our grade 9 students as they move into the high school buildings. Registration forms will be sent home Friday, April 8 and we would like to have them returned as soon as possible to assist us with our planning for the 2011-2012 school year.

On behalf of all of us at General Byng, have a safe and healthy break.

Sincerely,

Mr. D. Juby
Principal

Mrs. G. Walker
Vice Principal



DAILY ROUTINE – EARLY YEARS

<u>GRADES K- 4</u>	8:35	ENTRY	12:30	ENTRY
	8:45	ATTENDANCE	12:35	ATTENDANCE
	10:05-10:20	RECESS	1:55 – 2:10	RECESS
	11:30 -	<u>LUNCH</u>	3:20	<u>DISMISSAL</u>

DAILY ROUTINE - MIDDLE YEARS

<u>GRADES 5-9</u>	8:30	Student Entry		
	8:45	Students must be <u>in class</u> for attendance.		
	8:50 – 9:40	Period 1	12:30	Student Entry (attendance at start of Period 4)
	9:40 – 10:30	Period 2	12:35 – 1:25	Period 4
	10:30 – 10:40	Break	1:25 – 2:15	Period 5
	10:40 – 11:30	Period 3	2:15 – 2:25	Break
	11:35	<u>Lunch</u>	2:25 - 3:20	Period 6
			3:20	<u>Dismissal</u>

ENTRANCE PROCEDURES

K- 4 students enter the school through the parking lot door. (**Parents please note that from 8:20-8:50 am and from 3:20-3:50 the back lane is ONE WAY (east-west), entering from Daniel St. and exiting out, onto Beaumont St.)**)

Grades 5 – 9 students enter through the front doors.

Please note that all doors, except the front door, are locked throughout the day.

STUDENT ABSENCES

Parent(s)/guardian(s) are asked to phone the school before **8:30 A.M.** to report a student who will be absent for the morning or the full day and before **12:30 P.M.** to report an afternoon absence. Please notify the school office if a child is attending an appointment. Messages can be left regarding attendance 24 hours a day. Please include the reason for the absence and the time your child will be picked up in the message or note.

All students will be called from their class by the office staff for appointments. All Grade 5-9 students are responsible to sign themselves out. They are expected to report to the office to sign in upon their return. Parent (s)/guardian(s) of K-4 students who are picking up their child for an appointment must report to the school office and sign their child out of the building.

STUDENT LATES

It is important for students to be in on time. A late arrival disrupts classes and students miss important information. Students arriving after 8:50 am in the morning and 12:40 pm in the afternoon must report to the office for a late slip to gain entrance to the class. Please check the daily routine schedule to ensure your child comes to school on time .

CALL BACK SYSTEM

Parent(s)/guardian(s) will be contacted if their child is unaccounted for (child is absence without reason/ notification).

VISITORS TO THE SCHOOL

All parents/guardians/visitors need to report to the school office. Students will be called to the office if they are being picked up and parents/guardians must sign them out. If you are volunteering in the school, you will need to sign in at the office and obtain an identification pass.

MESSAGES

Messages of an urgent or emergency nature will be delivered to students, however, **classes will not be interrupted for social arrangements or reminders.**

Camp Stephens Fundraiser - Chocolate Bunnies and Cheesecakes

The Grade 5/6 students have launched their annual Morden's Chocolate Bunny and Double D's Cheesecake fundraiser, to raise money to offset their 3 day camp experience. Order forms have been sent home with the K-6 students. If you are interested in purchasing a chocolate bunny or a cheesecake and require an order form, copies of these forms are available in the office or from Ms. Collins or Mr. McGregor. All orders must be received by Monday, April 4th and the pick up date for orders is Monday, April 18th.

Thank you for supporting our Grade 6 campers!

Ms. Collins and Mr. McGregor

ELEMENTARY MUSIC NEWS

Congratulations to all the Grade 1-2 students who performed last Tuesday evening in the music room for their parents/guardians. It was a very fun evening! And thanks also to the Gr 5-6 students who shared their melody compositions with their parent/guardians in the computer lab. A BIG thanks to the parents/guardians for taking the time to come and find out a bit more about what your child is learning in our sequentially developed music program.

The grade 3-4 classes attended the Winnipeg Symphony Orchestra's Elementary Concert on Wednesday, March 23 in the AM.

Congrats to our 3 Grade 6 girls (Stephanie Simeonidis, Brittney Croker and Emily Hopps) who were a part of the PTSD 200-voice choir that sang with the WSO on March 22.

Our Keyboard Band has been selected to perform a few pieces during the lunch hour at the Manitoba Legislature on Tuesday, April 19. Other schools will also be performing in this hour long concert. We are pumped about this!

We will be holding a "Creative Arts" evening on Wednesday, May 25 from 6:30-8:30pm. This will involve displays and performances from K-6 music, Art, Jazz Band, Foods and Drama (Improv). We will also have our Silent Auction. Watch for information letters coming home. It's an exciting evening!



Do you love to sing? Would you love to sing with others who share your passion for choral music? Pembina Trails Voices, Pembina Trails School Division's honour choirs program for talented choristers in K-12 invite you to consider auditioning for the 2011 - 2012 season. Audition packages will be available from your school office or your school's music specialist April 4. For detailed information about PTV, check the website at <http://www.pembinatrails.ca/program/pembinatrailsvoices>.

DID YOU KNOW?

"So many of the decisions that are made in life are decisions that cannot be made by appealing to formula, recipes, or algorithms.... The arts afford youngsters an opportunity to work on problems that can have more than one correct answer."

Dr. Elliot Eisner. Stanford University

VISUAL ARTS

Make ART a part of your child's world.
"An Artist cannot fail, it is a success to be one"
Charles Horton Cooley

It is hard to believe it is already spring, we have been very busy creating works of art with clay and then glazing all the bisque pottery to complete a final project. The kiln has been working non stop as everyone wants to see the finished art work. Please look in the display case at the front of the school to see the student's projects.

Everyone was excited to start working on print-making and we are in the heart of creativity.

SIGHT UNSEEN

Please join us for Sight Unseen, Pembina Trails School Division Student Art Show
April 11th - 17th, 2011
Opening 7:00 PM, Monday, April 11th
Polo Park Shopping Centre-Centre Court

Viewing Hours:
Monday to Friday 10:00 AM - 9:00 PM
Saturday 9:30 AM - 6:00 PM
Sunday 12:00 PM - 6:00 PM

Please support your children and art in the schools by coming to the art show SIGHT UNSEEN

Creative Art Party

Please mark your calendar, this will be an evening to celebrate the creative arts.
Art show, singing, keyboard, improve, choir, jazz band, guest artist presentation and cafe featuring grade 9 chef's. Stay tuned for more details

General Byng's Creative Art Party
Date: May 25th
Time: 6:30 - 8:30
Place: General Byng School

BAND NEWS

Congratulations to Grade 8 students Caroline H., Kindred M., Alex H., and Kirsten B. for their hard work and excellent concert at Middle Years Honour Band. They rehearsed for 2 full days and performed in a concert at Immanuel Pentecostal Church. Great job, all of you!

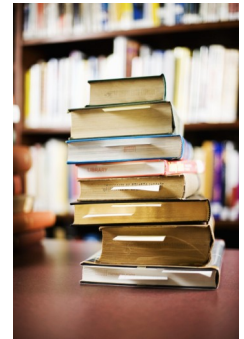


Applications for scholarships to summer music camps (International Peace Garden Camp, Junior Band Summer Camp at Vincent Massey or U of M Jazz Camp) can be picked up from Mrs. Canto at the end of April. The deadline for scholarships by any band student in Grade 7, 8 or 9 is May 15, 2011. Please see or call Mrs. Canto if you require more information about the camps and the selection criteria.

The final concert of the year is set for Wednesday, June 1st at 7:00 p.m. All students are required to attend and everyone is welcome.

A PAGE FROM THE LIBRARY

And the winner is.....?!?!?!? Voting for MYRCA (Manitoba Young Readers' Choice Award) will take place on Wednesday, April 6. Grade 5 – 8 students who have read a minimum of three titles are encouraged to vote in the library for their personal favourite. Their votes will be sent in to determine the MYRCA winner for 2011. It'll be a difficult choiceas always. Next year's MYRCA list will appear in next month's newsletter should anyone be looking for some good books to read.



Got a book? Check out the library.

Ms. J. Davies – Teacher Librarian
Ms. M. Rondeau – Library Technician

PAC NEWS

Thank you to all the families that attended the Kindergarten-Grade 6 Beach Party. We had a good turn out, and everyone had a great time. DJ Brenton of Summer Bounce Entertainment did a fabulous job of entertaining and interacting with the kids, and we would happily invite him back for future events.

After Spring Break we will have to get right back to business and work on the last couple of major PAC events of the year.

First off, we will be collecting and organizing orders for the annual Bloomers Plant Sale right after the break. This year's profits will again be going towards the Audio Visual system for the gym. Please ask friends and family if they would be interested in ordering plants through this fundraiser. Extra forms will be available at the school office or can be printed directly off the Bloomers website at: <http://www.bloomersgreenhouse.ca/bloomers-Orderform.html>

It is a very convenient way to acquire quality annuals, perennials and vegetable seedlings right before the May long weekend, and support General Byng all at the same time.

We will then be turning our focus to Staff Appreciation scheduled for April 11-15th. Volunteers will be needed to help cater the differently themed days of food for our "GB Champion" staff members. Is there any cooking or baking that is your specialty? Show off your culinary skills to our deserving GB staff! Please return the volunteer forms, which will be sent out before Spring Break, to let us know how you can help.

Our next meeting is scheduled for Tuesday, April 19th at 6:30pm in the Library. Please join us!

If you have any comments or questions, or would like to volunteer for any of our upcoming events, please contact us at: gbparentcouncil@gmail.com.

Thank you!

Healthy Choices, Healthy Living Parent Information

In the weeks following the Drug Awareness and Internet Safety Information Evening it is apparent that parents want to learn more about how to help their child using social media responsibly and safely. This article contains tips help parents gain more knowledge on how to talk to your child about technology and its responsible use.

Social Media Parenting: Raising the Digital Generation

Who are your kids friending on [Facebook](#)? What are they really texting to their classmates? How much online time is too much?

Too often, parents who are misinformed about the social web (willfully or otherwise) will shut their kids out of it completely, only to find they are logging in anyway. If you're not taking an active role in your child's online life, you may be missing important opportunities to ensure they are on the path toward "digital citizenship," and protected from inappropriate content and people.

To help shrink the tech-culture divide between parents and their kids, we sought advice from the experts, who draw not only from their own research, but their family experiences as well. Keep reading for some valuable wisdom on raising the first fully digital generation.

Take an Active Role, and Do Your Homework

For kids, social media can no longer be dismissed as a time-waster or distraction. The networks your kids use to rate their friends and comment on photos will eventually become their core business tools and career prerequisites. Those who don't learn to use them responsibly will face a severe disadvantage.

So how do you grant kids the freedom to explore while still keeping an eye on their safety? Start by educating yourself.

"Parents can't just decide to keep their kids at a distance from all of this. There's no way to opt out," said [Melissa Rayworth](#), a freelance writer who tackles parenting and digital issues for the Associated Press, Babble.com and other media outlets. "Parents need to learn about the sites and devices their kids want to use, and then set strong boundaries. If you don't know what something is or what it's about, dive in and start using it."

"If [parents] engage and have their own experiences on Facebook, [LinkedIn](#), [etc.], they will better understand the attraction, the possibilities, and the issues that their teenagers face," said Sue Blaney, author, speaker, and teen parenting blogger at [PleaseStopTheRollercoaster.com](#).

One important step, especially when it comes to younger children, is to set up their social media accounts with them.

"Parents should guide their teens through the privacy settings on Facebook and all other social networks on which they participate," said Blaney. "Make no assumptions here. Instead, invest the time so you can make informed and considered choices about privacy."

Being a part of the sign-up process from day one will establish you as the gatekeeper of social media, and not a barrier for your kids to inevitably circumvent. You can become part of their online life while learning the ropes yourself.

"Have your teenager show you around the web. Be a 'curious tourist' in your teen's digital world," Blaney continued. "Ask your son to show you his favorite games, or ask your daughter to share her favorite sites, videos or activities. This can be a pleasant way to engage with your teenager and to learn from her."

Safety and Privacy

Safety and privacy are probably the two biggest concerns of parents when it comes to social media. While

there are some software and profile setting solutions, your greatest asset here is likely education. “[Kids] need to understand the differences between private sites and those that are completely open to the public and leave them vulnerable,” said Theresa Walsh Giarrusso, who authors the [Momania](#) parenting blog for *The Atlanta Journal-Constitution*. “And if they can’t tell the difference, then they need to be taught to stay off of questionable services.”

Because social media has become such an integral part of our daily lives, the time has come to merge “online” and “real-world” pursuits of common sense into one educational package for kids.

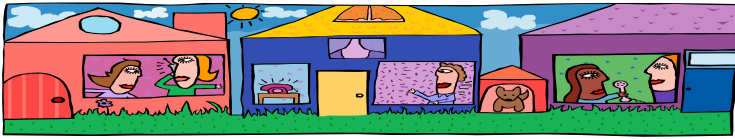
“We need to teach them as they grow up that ‘stranger danger’ exists in the virtual world, as well as the real one — whether it’s the weirdo in our local park or a weirdo following you on [Foursquare](#),” said Giarrusso. “We also need to constantly be hitting home, ‘think before you act online.’ The repercussions can stay with you and be devastating.”

Kids may not always be up for a boring web safety lecture from mom and dad, but there are some more “edutaining” resources out there, like this PSA clip from the popular Disney Channel cartoon *Phineas and Ferb*. One overarching tenet kids should take away here is, **if you wouldn’t do it in real life, don’t do it online.**

<http://mashable.com/2010/05/13/parenting-social-media/>

IMPORTANT DATES

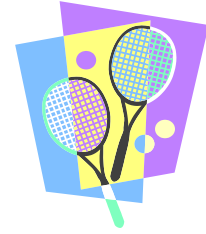
March	25	Last Day of Classes before Spring Break	
April	4	Classes Resume	
	14	Tri-Conferences K-9 (evenings) - register online	
	15	Tri-Conferences K-9 (morning)	No Classes
		School In-Service (afternoon)	No Classes
	22	Good Friday	No Classes
	25	PTSD In-Service	No Classes
May	19	Plant Pickup (3:30p.m. to 5:30p.m.)	
	23	Victoria Day	No Classes
	25	Creative Art Party	
June	1	Band Concert	
	10	School Administrative Day	No Classes
	29	Last Day of Classes	
	30	School In-Service Day	No Classes



Community News

ADVANTAGE TENNIS & SPORTS CAMP

805 Niagara Street – Winnipeg, MB R3N 0W2
Phone 489-1152



ADVANTAGE TENNIS & SPORTS CAMP

July & August

Ages: 4-16 yrs old

Camp is available for half day (9-noon) OR, full day (9-4:00 p.m.)

SESSION 1	July 4-15
SESSION 2	July 18-29
SESSION 3	Aug. 2-12
SESSION 4	Aug. 15-26

TINY TOTS (ages 4-6 yrs)

SESSION 1	July 11-15
SESSION 2	July 25-29
SESSION 3	Aug. 8-12

Early drop off and late pick up are available.
For more information, call Marcie 489-1152

Thanks again, if you need more info please let me know.

Marcie Saifer
Advantage Tennis & Sports Camp

Spring is around the corner, which means.....

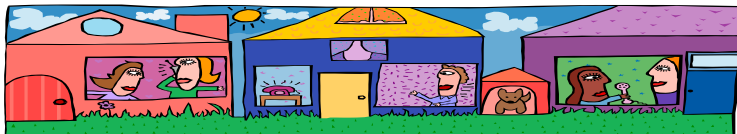
It's Used Toy & Clothing Sale time again.

St. Norbert Y-Neighbours will be holding their Used
Toy
& Clothing Sale
on April 9 at the Eagles Club in St. Norbert
3459 Pembina Hwy open 9am -12 noon
The cost is \$25 per table plus \$5 if you are bringing a rack.
Please call Nicole at 898-5611 or e-mail
stnyneighbours@hotmail.com
if you are interested in renting a table.

HAVE YOU THOUGHT ABOUT BECOMING A SCHOOL BUS DRIVER?

The Pembina Trails School Division is looking for School Bus Drivers for September, 2011.

If you are interested in finding out how to become a School Bus Driver and you have a clear and valid driver's licence; call Steve Hazelwood @ 488-1767 ext. 1216 for more information.



Community News



Richmond King's Nursery School is now accepting registrations for the Fall 2011/2012 School year. **We offer programs for 3 and 4 year olds.** We are **located at 933 Summerside Ave** (located in lower level of Trinity United Church). For more information, please call RKNS at 275-6239 or visit our website at rknspreschool.blogspot.com

Victoria Community Club 80 Derek Street

Karate Classes

Spring Session – Saturday April 2 – Tuesday June 28, 2011

Tuesday 6:30 - 7:30 pm

Saturday 9:30 - 10:30 am

Spring Session Rates

Kids & Juniors (up to 12 yrs) - Rate \$100.00

Teenagers & Adults - Rate \$130.00 Cad

Contact Info:

Sensei Eugene Vincent

Sensei Silvana Vincent

253-8064 victoriakarateclub@mymts.net

The Little Years School Inc., a nursery school program for 3 and 4 year old children, is now accepting registrations for the 2011-2012 school year. A registration fee of \$50 and September 2011's tuition fees (cheques only) are required at the time of registration to hold a space in the preferred session. These fees are non-refundable.

The two day/week program for 3 year olds runs on Tuesday and Thursday mornings or afternoons at a cost of \$80/month. The three day/week program for 4 year olds runs Monday, Wednesday, and Friday mornings or afternoons at a cost of \$120/month. Morning class times are from 8:50 am to 11:20 am and our afternoon class times are from 12:45 pm to 3:15 pm. Our programs run from September to June. Please note that subsidies are available. Due to family relocations, current openings are available in most programs.

Our dedicated teachers and well equipped classrooms provide quality preschool education in a safe, fun, spacious, clean, and stimulating atmosphere. All teachers have a minimum of Early Childhood Educator II accreditation. Our Director is an Early Childhood Educator III, with a Bachelor of Education Degree. Children participate in free play, printing practice, crafts, music and movement, learning circles, and story time. A large school gymnasium is available which enhances our physical education program. Each child brings their own healthy snack for snack time. Please note that we are a nut free facility.

For more information on the school or to start the application process contact Olga Wiebe, director, at 489-0303 or at littleyearsschool@yahoo.ca. You can also check out our website at www.littleyearsschool.com.

April 2011

Theme Programming

(sign up required)

How to register: contact Robyn Chase,
Email coalition@swfic.org
Phone 299-1600.

Sign up starts April 4th. Space is limited.

What : Alphabet Soup in Motion
Where: Bonnycastle Family Centre
When: Tuesday afternoons starting April 19
1:00 - 3:00pm

A six-week program for parents and their pre-school children ages 2 to 5 years. Together parents and children will participate in active rhymes, songs, sharing books, body movement, and creating and eating healthy snacks together. Families will enjoy time together and then apart as they participate in separate adult and child activities.

What: Tales for Tots
Where: Ryerson Family Centre
When: Friday mornings starting April 22nd
9:00 - 11:00am

Kids and parents will enjoy an interactive story time and participate in bookmaking activities. Best suited for children ages 2-5.

All Programs are **FREE** to attend

Family Centre Programming

(Drop - In)

providing support to families with the goal of raising happy, healthy children'

Mon	Tue	Wed	Thu	Fri
CENTRES CLOSED FROM MARCH 28TH - APRIL 4				
4	5	6	7	8
REOPENING APRIL 11TH				
11	12	13	14	15
North Fort Garry 9:30 - 11:30 am Dalhousie 1:30 - 3:00pm	Parc La Salle 9:15 - 11:15 am Ryerson 9:00 - 11:00am	Ryerson 9:00 - 11:00 am Wiggle, Giggle, Munch Bonnycastle 6:00-7:30pm	Bonnycastle 9:00 - 11:00 am Parc La Salle 9:15 - 11:15 am Ryerson 9:00 - 11:00am Dalhousie 1:30 - 3:00pm	Bonnycastle 9:00 - 11:00 am
18	19	20	21	22
North Fort Garry 9:30 - 11:30 am Dalhousie 1:30 - 3:00pm	Parc La Salle 9:15 - 11:15 am Ryerson 9:00 - 11:00am	Ryerson 9:00 - 11:00 am Wiggle, Giggle, Munch Bonnycastle 6:00-7:30pm	Bonnycastle 9:00 - 11:00 am Parc La Salle 9:15 - 11:15 am Ryerson 9:00 - 11:00am Dalhousie 1:30 - 3:00pm	Bonnycastle 9:00 - 11:00 am
25	26	27	28	29
North Fort Garry 9:30 - 11:30 am Dalhousie 1:30 - 3:00pm	Parc La Salle 9:15 - 11:15 am Ryerson 9:00 - 11:00am	Ryerson 9:00 - 11:00 am Wiggle, Giggle, Munch Bonnycastle 6:00-7:30pm	Bonnycastle 9:00 - 11:00 am Parc La Salle 9:15 - 11:15 am Ryerson 9:00 - 11:00am Dalhousie 1:30 - 3:00pm	Bonnycastle 9:00 - 11:00 am

For more information contact Robyn Chase, Initiative Coordinator at: coalition@swfic.org or call 299-1600. Visit our website at fgarrystnorberthcc.ca

SOUTH WINNIPEG



2011 SPRING PROGRAM SCHEDULE

LOWER LEVEL, 800 POINT ROAD

Phone: 284-9311

www.swfic.org

Fax: 284-9315

BASICS FOR BABYSITTERS

A 6.5 hour workshop is designed to provide students in Grades 6 (and up) with the skills required to become certified babysitters. Students must be 12 years of age within two months of the workshop. Nut free, bagged lunch required.

Dates: Saturdays, May 7th, May 28th, June 11th, September 17th (choose one day only)

Time: 9:00 a.m. - 3:30 p.m.

Fee: \$30.00 per student

READY, SET, SOLO!

(for children 11 years and up)

A three-hour workshop for parent and child, which outlines steps to ensure kids know how to be safe on their own. The goal is to provide children with the confidence and skills needed to manage short periods of time home alone.

Dates: Monday, April 25th 6:00 p.m. - 9:00 p.m.

Sunday, May 15th 1:00 p.m. - 4:00 p.m.

Sunday, June 5th 6:00 p.m. - 9:00 p.m.

Fee: \$30.00 per family

STUDENT STUDY SKILLS

A 2.5 hour workshop, for students, will provide them with tips and tools to be more prepared for tests and school work. They will learn organizational skills and identify their preferred learning style (visual, auditory, tactile).

Dates: Thursday, May 5th 6:00 - 8:30 p.m. (Grades 8 & up)

Thursday, May 19th 6:00 - 8:30 p.m. (Grades 5 - 7)

Fee: \$20.00 per student

TRIPLE P - POSITIVE PARENTING PROGRAM

(Ages 5-10)

A series of three seminars to provide you with additional confidence and competence as a parent.

Date: Thursdays, April 28th, May 5th, and 12th

Time: 7:00 p.m. - 9:00 p.m.

Fee: \$35.00 per person or \$45.00 per couple

COMMUNICATION SKILLS FOR IMPROVING RELATIONSHIPS

This 4 hour workshop facilitated by Bonnie Neil, Social Worker, will teach specific techniques to diffuse conflict situations, express feelings, increase assertiveness skills while becoming a more empathetic and effective communicator.

Date: Thursdays, April 21st and 28th

Time: 7:00 p.m. - 9:00 p.m.

Fee: \$30.00 per person

**FOR DETAILED INFORMATION REGARDING OUR PROGRAMMING
PLEASE VISIT OUR WEBSITE AT WWW.SWFIC.ORG**

FOR PARENTS OF TODDLERS AGES 0-5

We are pleased to offer the following two programs, based on the concept of S.T.E.P. (Systematic Training for Effective Parenting). Please choose one or both:

COMMUNICATING WITH YOUR TODDLER

Date: Thursday, May 12th (one day only)
Time: 9:30 a.m. - 11:00 a.m.
Fee: \$15.00 per person

SUCCESSFULLY DISCIPLINING YOUR TODDLER

Date: Thursday, May 26th (one day only)
Time: 9:30 a.m. - 11:00 a.m.
Fee: \$15.00 per person

THRIVING THROUGH THE PRE TEEN & TEEN YEARS

If you would like to have a relationship with your pre-teen and teen that isn't just about surviving but rather thriving then this program is for you. Based on strategies from programs such as Systematic Training for Effective Parenting, How to Talk, Triple P and Developing Capable People, this 3-week program will look at what influences pre-teen and teen behavior, how to communicate your wishes and to understand your child's, encourage cooperation, discipline effectively and maybe build a better relationship along the way.

Dates: Monday May 30th, June 6th and 13th
Time: 7:00 p.m. - 9:00 p.m.
Fee: \$45.00 per person or \$55.00 per couple

PARENTING COACH

This **one-on-one** service, will provide you with an opportunity to discuss challenges you are experiencing as a parent with our parenting coach, Lori Chrol.

Appointments are required. For details or to book an appointment please contact us at 284-9311.

Fee: \$20.00 per half hour session.

**THE CLOTHES CLOSET
SPRING SALE**

April 30th, 2011
9:00 a.m. - 11:30 a.m.

REGISTRATION FORM

Participant's name: _____

Parent/Guardian (where applicable): _____

Address: _____

City/town: _____ Postal Code: _____

Home #: _____ Work #: _____

Cell # _____ Fax #: _____

E-mail: (please print clearly): _____

Program: _____

Program date(s): _____

Birthdate: (required for youth programs only): _____

Fee enclosed: \$ _____

Please enclose a cheque or money order, payable to "SWFIC", with your registration form. If you wish to register using VISA or MASTERCARD, please complete the following:

CARD #: _____

Expiry Date: _____

Cardholder Name: _____

Signature: _____

TO REGISTER:

MAIL: SWFIC, Lower Level 800 Point Road
Winnipeg, MB R3T 3L8
FAX: 284-9315 OR
PHONE: 284-9311

A confirmation will be sent to you either by e-mail or mail (if you have not provided us with an e-mail address). If you do not receive your confirmation prior to the workshop start date, please contact our office.

I would like to receive updated programming information throughout the year by e-mail (3 times per year)



APRIL 2011

1250 Beaumont Street, Winnipeg, MB, R3T 0L8 Phone: 452-3040

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 SPRING BREAK
4 <i>Day 6</i> Classes Resume	5 <i>Day 1</i>	6 <i>Day 2</i>	7 <i>Day 3</i>	8 <i>Day 4</i>
11 <i>Day 5</i>	12 <i>Day 6</i>	13 <i>Day 1</i>	14 <i>Day 2</i> Tri-Conferences in the evening	15 <i>Day 3</i> Tri-Conferences - a.m. In Service - p.m. No Classes
18 <i>Day 4</i>	19 <i>Day 5</i>	20 <i>Day 6</i>	21 <i>Day 1</i>	22 Good Friday No Classes
25 <i>Day 2</i> Divisional PD No Classes	26 <i>Day 3</i> Quebec Exchange Students leave	27 <i>Day 4</i>	28 <i>Day 5</i>	29 <i>Day 6</i>